

Testosterone causes both prosocial and antisocial status-enhancing behaviors in human males

Jean-Claude Dreher^{a,b,c,1,2}, Simon Dunne^{a,d,1,2}, Agnieszka Pazderska^e, Thomas Frodl^{a,f,g}, John J. Nolan^{e,h}, and John P. O'Doherty^{a,d,i}

^aTrinity College Institute of Neuroscience, Trinity College Dublin, Dublin 2, Ireland; ^bNeuroeconomics, Reward and Decision Making Laboratory, Institut des Sciences Cognitives Marc Jeannerod, CNRS, 69675 Bron, France; ^cDépartement de Biologie Humaine, Université Lyon 1, 69622 Villeurbanne, France; ^dComputation and Neural Systems, California Institute of Technology, Pasadena, CA 91125; ^eDepartment of Endocrinology, St. James's Hospital, Dublin 8, Ireland; ^fDepartment of Psychiatry and Psychotherapy, Otto von Guericke University of Magdeburg, 39106 Magdeburg, Germany; ^gDepartment of Psychiatry, School of Medicine, Trinity College Dublin, Dublin 2, Ireland; ^hSteno Diabetes Center, 2820 Gentofte, Denmark; and ⁱDivision of the Humanities and Social Sciences, California Institute of Technology, Pasadena, CA 91125

Edited by Bruce S. McEwen, The Rockefeller University, New York, NY, and approved August 16, 2016 (received for review May 23, 2016)

Although popular discussion of testosterone's influence on males often centers on aggression and antisocial behavior, contemporary theorists have proposed that it instead enhances behaviors involved in obtaining and maintaining a high social status. Two central distinguishing but untested predictions of this theory are that testosterone selectively increases status-relevant aggressive behaviors, such as responses to provocation, but that it also promotes nonaggressive behaviors, such as generosity toward others, when they are appropriate for increasing status. Here, we tested these hypotheses in healthy young males by injecting testosterone enanthate or a placebo in a double-blind, between-subjects, randomized design ($n = 40$). Participants played a version of the Ultimatum Game that was modified so that, having accepted or rejected an offer from the proposer, participants then had the opportunity to punish or reward the proposer at a proportionate cost to themselves. We found that participants treated with testosterone were more likely to punish the proposer and that higher testosterone levels were specifically associated with increased punishment of proposers who made unfair offers, indicating that testosterone indeed potentiates aggressive responses to provocation. Furthermore, when participants administered testosterone received large offers, they were more likely to reward the proposer and also chose rewards of greater magnitude. This increased generosity in the absence of provocation indicates that testosterone can also cause prosocial behaviors that are appropriate for increasing status. These findings are inconsistent with a simple relationship between testosterone and aggression and provide causal evidence for a more complex role for testosterone in driving status-enhancing behaviors in males.

testosterone | aggression | generosity | human males | social status

The gonadal steroid hormone testosterone has long been known to play a fundamental role in the development and maintenance of physical masculinization (1, 2). However, precisely determining its behavioral effects in human males has proven more challenging. Early animal research and contemporary mainstream views associate it principally with aggression and antisocial behavior (3–5). In humans, one influential line of supporting evidence for this association comes from studies that showed that male prisoners with high testosterone levels are more likely to have committed violent crimes and broken prison rules than those with low testosterone levels (6–8). The limited number of experimental studies that have manipulated male testosterone levels during economic games (9, 10) found that administration of testosterone caused participants to be less generous to others (10) and more likely to punish those who stole from them (9). These studies have, however, been criticized for methodological problems (11), and the causal evidence for an association between testosterone and aggression in human males remains weak (12).

In humans, it has been suggested that endogenous increases in testosterone facilitate aggression in competitive contexts with the

function of maintaining social dominance and establishing access to mating opportunities (13). This proposition originates from the literature on the role of testosterone in birds and primates (14). It is supported by evidence of an association between testosterone levels and social rank in nonhuman primates (15) and observations that administration of testosterone to lambs and tropical birds selectively increases aggressive dominance behaviors when the status hierarchy is unstable (16, 17).

Although increased aggression may be critical in achieving social rank among other animal species, human social interactions are arguably more complex, and status may be obtained by nonaggressive, even prosocial, means, such as generosity (18–20). Although human generosity often occurs without an expectation of material benefit (21), experimental research has shown that generosity to others can also have a social signaling function; for example, it is increased when donations will be made public (22–24), and male generosity specifically is increased in the presence of female observers (25). This generosity has been repeatedly shown to increase ratings of the giver's social status (19, 22, 26), leading to greater influence in group decision making (26) and election to leadership positions (27) as well as reciprocal generosity (22, 27).

In line with this observation, an alternative theory of testosterone's effect on male behavior proposes that, instead of promoting only aggressive behaviors, testosterone promotes behaviors intended to achieve and maintain social status or dominance (28, 29). This theory predicts that, while in social contexts where status is

Significance

Although in several species of bird and animal, testosterone increases male–male aggression, in human males, it has been suggested to instead promote both aggressive and nonaggressive behaviors that enhance social status. However, causal evidence distinguishing these accounts is lacking. Here, we tested between these hypotheses in men injected with testosterone or placebo in a double-blind, randomized design. Participants played a modified Ultimatum Game, which included the opportunity to punish or reward the other player. Administration of testosterone caused increased punishment of the other player but also, increased reward of larger offers. These findings show that testosterone can cause prosocial behavior in males and provide causal evidence for the social status hypothesis in men.

Author contributions: J.-C.D. and J.P.O. designed research; J.-C.D., S.D., A.P., T.F., and J.J.N. performed research; S.D. analyzed data; and J.-C.D. and S.D. wrote the paper.

The authors declare no conflict of interest.

This article is a PNAS Direct Submission.

¹J.-C.D. and S.D. contributed equally to this work.

²To whom correspondence may be addressed. Email: simongdunne@gmail.com or dreher@isc.cnrs.fr.

This article contains supporting information online at www.pnas.org/lookup/suppl/doi:10.1073/pnas.1608085113/-DCSupplemental.

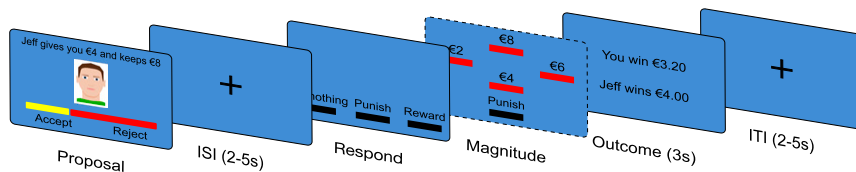


Fig. 1. Illustration of trial. Participants accepted or rejected an offer to split a sum of €12. Participants then chose to punish or reward the proposer at a cost to themselves or do nothing. After an interstimulus interval (ISI), they specified the magnitude of punishment or reward. Finally, participants saw the net trial winnings of both players and an intertrial interval (ITI).

threatened by perceived provocation, this motivation may indeed lead to increased aggression; in others, nonaggressive behaviors, such as generosity, will be more appropriate for advancing social status and will, therefore, be promoted by testosterone.

There is some evidence that, rather than giving rise to indiscriminate aggression, testosterone may indeed be associated with aggressive responses to perceived provocation, so-called reactive aggression, as the status theory predicts (30). A number of findings also links testosterone with nonaggressive status seeking. The work in ref. 31 found that the testosterone levels of dominant but nonviolent males were indistinguishable from those of their violent peers and that the testosterone levels of both groups were significantly higher than those of their nondominant peers, and the work in ref. 29 found that making a task relevant to status increased performance in a test of mathematical ability in high-testosterone males specifically. However, without a direct experimental manipulation of testosterone, it is not possible to rule out the possibility that another variable correlated with testosterone may be driving these nonaggressive behaviors.

The correlational nature of the supporting literature means that the distinguishing predictions of the status theory of testosterone for male behavior remain untested. First, it has not been shown that, rather than promoting indiscriminate aggression, testosterone selectively causes male reactive aggression in circumstances in which an individual's status is threatened. Second, it has not been shown that testosterone may cause non-aggressive, even prosocial, behaviors in males if those behaviors are consistent with increasing status.

To address these questions, we injected testosterone or placebo in a double-blind, randomized procedure to a group of young males who then played a modified version of the Ultimatum Game (UG). The classic UG is an economic game in which two players must decide how to split a sum of money between them. In each round, the first player, the proposer, presents a proposal to the second player, the responder, which describes how this money should be divided. The responder may accept this proposal, in which case the split is implemented, or reject it, resulting in both players winning nothing. Our participants played the role of the responder in a UG that was modified so that, having accepted or rejected a proposed split, they had the option to reward or punish the proposer by increasing or decreasing their monetary payoff at a proportional cost to themselves.

According to testosterone's proposed role in driving status-enhancing behaviors, the predicted effect of testosterone administration on participants' choices would depend on the social context. Offers of small amounts of money would be perceived as unfair (32) and be punished more strongly by those administered testosterone, but reward of generous offers would not be decreased by treatment. In contrast, if testosterone simply increases indiscriminate aggression, we would expect to see both greater punishment of unfair offers and reduced reward of generous offers. Additionally, the status theory of testosterone predicts that offers of large amounts of money would be expected to facilitate status-enhancing displays of generosity and therefore, that, when men injected with testosterone were offered large amounts, they would reward the proposer more than those administered placebo. Alternatively, if testosterone causes status-enhancing reactive aggression but does not cause nonaggressive

status-enhancing behaviors, we would expect to see no increase in reward of generous offers.

Concern has been raised (33) that ostensibly emotional behaviors in economic games among participants administered testosterone may, in fact, be driven by rational concerns. If testosterone administration influences participants' beliefs about the likely strategy of their opponents, any difference in behavior associated with such a manipulation may simply be a strategic earnings-maximizing response to these changed beliefs. Uniquely, our design excludes this interpretation, because participants were aware that the proposers' behavior had been recorded beforehand, and therefore, the proposers had no opportunity to respond to the participants' own behavior. Thus, although participants believed that their choices to reject, punish, and reward had real financial consequences for the proposers, participants could not use these behaviors as instruments to influence the proposers' offers, and they did not need to anticipate the proposers' responses to their behavior. In fact, a player who wished to maximize his earnings on our task should simply accept all offers and never choose to punish or reward the other player.

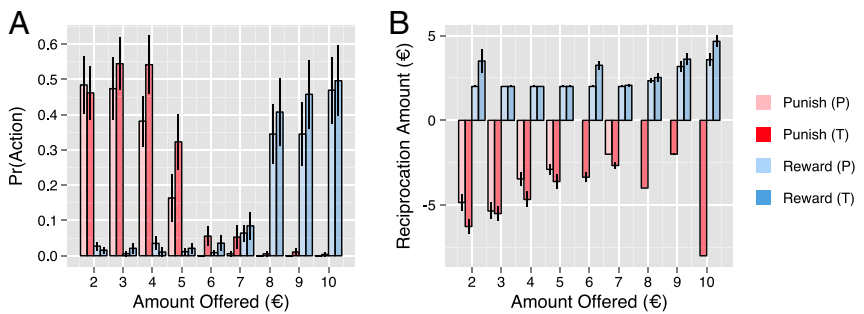
Results

Effects of Treatment on UG Behavior. After confirming that our administration of testosterone was successful in producing a clear increase in the serum testosterone levels of the treatment group relative to the placebo group (*SI Results* and *Fig. S1*), we analyzed participants' choices to accept or reject proposers' offers to divide the endowment (*Fig. S2* and *Table S1*). We found a significant positive effect of the amount offered to the participant on the probability of acceptance ($\beta = 0.93$, $SE = 0.07$, $P < 0.001$) but no effect of treatment group or the interaction of treatment group and amount offered.

On the subsequent choice, at which participants decided whether to punish, do nothing to, or reward the proposer (*Fig. 1* and *Table S2*), we again found a significant positive effect of the amount offered as well as a significant positive effect of the interaction of treatment group and offer amount. The results of this ordered probit regression indicate that participants administered testosterone were more likely to punish proposers who offered below-average amounts, whereas for offers of above-average amounts, they were more likely to reward the proposer.

We carried out additional analyses to determine whether these effects of treatment were attributable to a difference between the groups in their propensity to punish only or a difference in their propensity to reward only. We performed two binary probit regressions of their choices on treatment group, amount offered, and their interaction: the first regression coding choices to punish as one and choices to do nothing or punish as zero, and the second coding choices to reward as one and choices to do nothing or reward as zero (*Table S2*). Null effects of treatment group in one or both of these analyses would indicate that testosterone administration did not influence rates of both punishment and reward. In both cases, however, we observed effects of treatment group. We found a positive main effect of treatment group ($\beta = 0.07$, $SE = 0.32$, $P = 0.03$) as well as a positive interaction of treatment group with offer amount on punishment rate ($\beta = 0.18$, $SE = 0.04$, $P < 0.001$). Follow-up analyses show that this increasing rate of punishment with offer amount was restricted to below-average offer amounts (*SI Results* and *Table S3*),

Fig. 2. Treatment with testosterone influenced punishment and reward. (A) Bar plot of participants' proportion of choices to reward (blue) and punish (red) the proposer as a function of the amount offered to the participant for the placebo (pale) and testosterone (dark) groups. **Treatment with testosterone increased rates of punishment** (main effect: $\beta = 0.70$, $SE = 0.32$, $P = 0.03$; interaction with offer amount: $\beta = 0.18$, $SE = 0.04$, $P < 0.001$) **as well as rates of reward of large offers** ($\beta = 0.41$, $SE = 0.03$, $P < 0.001$), with increasing testosterone levels specifically associated with increased rates of punishment of low offers ($\beta = -0.40$, $SE = 0.10$, $P < 0.001$) (Table S2) and reward of high offers ($\beta = 0.64$, $SE = 0.12$, $P < 0.001$). (B) Bar plot of the average magnitudes of reward (blue) and punishment (red) that participants chose as a function of offer amount for the placebo (pale) and testosterone (dark) groups. Linear regressions of these choices revealed a significant effect of the interaction of treatment group and offer amount on the amount that they rewarded the proposer ($\beta = 0.15$, $SE = 0.07$, $P = 0.03$). Specifically, increasing the amount offered to the participant was associated with a greater increase in reward magnitude among those administered testosterone than among those in the placebo group. This effect was also associated specifically with increased levels of testosterone ($\beta = 0.46$, $SE = 0.16$, $P = 0.004$). We found no significant main or interaction effects of treatment group on punishment magnitude. All error bars represent SEM. P, placebo; T, testosterone.



indicating that treatment with testosterone did indeed selectively increase punishment of unfair offers. We found a positive effect of the interaction between treatment group and amount offered on reward rate ($\beta = 0.41$, $SE = 0.03$, $P < 0.001$), such that those in the treatment group were more likely to reward higher offers than those in the control group. Taken together, these results indicate that treatment with testosterone influenced rates of both punishment and reward.

When participants indicated that they wished to reward or punish their proposer, they subsequently chose the magnitude of that punishment or reward. Our regression analyses of these choices revealed a significant effect of the interaction of treatment group and the amount offered to the participant on the amount that they rewarded the proposer ($\beta = 0.15$, $SE = 0.07$, $P = 0.03$) (Fig. 2B and Table S4). Specifically, increasing the amount offered to the participant was associated with a greater increase in reward magnitude among those administered testosterone than among those in the placebo group. We found no significant main or interaction effects of treatment group on punishment magnitude.

Importantly, all effects of testosterone treatment that we found in our previous analysis survive the inclusion of regressors representing treatment belief and its interaction with offer amount. The inclusion of these regressors also revealed distinct effects of treatment belief on participants' behavior (SI Results and Fig. S3).

Effects of Treatment Are Attributable to Testosterone and Estradiol.

Our administration of testosterone was successful in producing a clear increase in the serum testosterone levels of the experimental group. However, testosterone is converted to the estrogen estradiol by the enzyme aromatase, a relationship that is reflected in a concomitant rise in the estradiol levels of participants in our testosterone group relative to those in our placebo group (SI Results). This relationship between testosterone and estradiol has led to suggestions in the literature that certain physiological effects previously attributed to testosterone may, in fact, be mediated by estradiol (34).

To assess whether the behavioral effects of our manipulation should be attributed to increases in the testosterone levels of those in the treatment group, their raised estradiol levels, or both, we reanalyzed participants' choices. We included regressors representing their levels of testosterone and estradiol measured immediately before they performed the task as well as their levels of testosterone measured during their medical screening to account for any effects of baseline testosterone. According to testosterone's proposed role in driving status-enhancing behaviors, we would expect to find that increasing testosterone levels would be associated with increasing punishment of low offers and reward of high offers after accounting for the effects of other hormonal measurements.

We indeed found that, when choosing whether to punish or reward their proposer, those with high levels of testosterone were more sensitive to the amount offered by the proposer, such that they were more likely to punish below-average offers ($\beta = -0.40$, $SE = 0.10$, $P < 0.001$) (Table S2) and more likely to reward above-average offers ($\beta = 0.64$, $SE = 0.12$, $P < 0.001$) as measured by separate binary probit regressions of choices to punish and choices to reward. This effect of the interaction between offer amount and testosterone level was present whether choices to punish or reward the proposer were modeled using a single ordered probit model or separate binary probit models.

We also found that those with high testosterone levels were more sensitive to the amount offered when choosing the magnitude of punishment ($\beta = 0.85$, $SE = 0.26$, $P = 0.001$) and reward ($\beta = 0.46$, $SE = 0.16$, $P = 0.004$), responding to low offers with punishments of greater magnitude and high offers with rewards of greater magnitude (Table S4).

In contrast, the effects of participants' estradiol levels that we found were antagonistic to those of testosterone (Tables S2 and S3), reducing the effect of the amount offered on both the rate ($\beta = -0.35$, $SE = 0.05$, $P < 0.001$) and magnitude ($\beta = -0.33$, $SE = 0.14$, $P = 0.02$) of punishment and the rate ($\beta = 0.22$, $SE = 0.05$, $P < 0.001$) and magnitude ($\beta = -0.33$, $SE = 0.13$, $P = 0.01$) of reward. Those with high levels of estradiol were less likely to punish and reward low and high offers, respectively, and when they did, they chose punishment and reward amounts of lesser magnitude.

Endogenous Testosterone Predicts Effects. Although these results indicate that increasing males' testosterone levels was associated with both increased punishment of unfair offers and reward of high offers, our manipulation raised testosterone to supra-physiological levels. It is possible that testosterone only influences these behaviors when it reaches levels not typically seen in young males. To assess whether this association is present among those with typical hormonal levels, we repeated our analyses of punishment and reward behavior including only participants from the placebo group.

We found that those in the placebo group with high levels of testosterone were more likely to both punish ($\beta = 26.10$, $SE = 9.41$, $P = 0.006$) and reward ($\beta = 32.02$, $SE = 11.72$, $P = 0.007$) their proposer than those with low levels of testosterone (Fig. S4 and Table S2). These effects indicate that, even among those with typical endogenous levels, high testosterone is associated with increased rates of both retaliation and generosity. We did not find an effect of testosterone within the placebo group on the magnitudes of punishment or reward chosen by participants (Table S4). However, these regressions were carried out with a smaller number of observations, being restricted to not only the placebo group but also,

the subset of trials in which participants first chose to punish or reward the proposer. Therefore, the null effects that we obtain may be attributable to a lack of power (effects of estradiol are discussed in *SI Results*).

Discussion

In this study, we sought to expand on what is known about the influence of testosterone on male social behavior. Although empirical research and popular opinion center on its role in driving aggressive and antisocial behaviors, direct causal evidence for this link is weak in men (11, 12, 35). Some have suggested (12, 28, 29) that testosterone instead promotes both aggressive and nonaggressive behaviors that enhance and maintain social status. Here, we experimentally manipulated the testosterone levels of young males and tested the fundamental predictions of these theories against behavior in a two-player economic bargaining game.

We found that administration of testosterone caused participants to punish their opponents more frequently than those administered placebo and that higher testosterone levels were specifically associated with increased punishment of opponents who made unfair offers. Importantly, this punishment was costly to the participant and could not be used as an instrument to coerce their opponent into offering them larger amounts, because their opponents' behavior was known by participants to be predetermined. Thus, unlike previous studies, we can conclude that testosterone can indeed cause male aggression (13) and that this aggression was not mediated by an increased motivation to maximize task earnings or altered beliefs about the strategic influence of their actions on others (33).

Testosterone has been suggested to selectively potentiate aggression that is reactive, or in response to provocation (30). Our results support such an interpretation, showing that, in the absence of provocation, as when they received large offers, participants in the treatment group were not less likely to reward these offers than those in the control group. Rather than giving rise to indiscriminate aggression, testosterone seemed to intensify aggression in social contexts where social status may be under threat. This effect is consistent with the idea that testosterone-induced aggression may be a tool to achieve social dominance and garner reproductive opportunities (13).

However, our results indicate that testosterone's influence on male social behavior is not limited to reactive aggression. Participants who received testosterone were in fact more likely to offer monetary rewards to proposers who offered them large amounts of money. Furthermore, they chose rewards of greater magnitude than those administered placebo. Again, the task design excludes the possibility that this behavior can be interpreted as being motivated by a strategic intention to influence their opponents' future offers. This increase in generosity represents a demonstration that testosterone can cause male behavior that is prosocial or beneficial to others. In addition, this behavior satisfies a distinguishing prediction of the status theory of testosterone (28), namely that testosterone should stimulate nonaggressive behaviors in males if, like generosity, those behaviors are status enhancing.

The increase that we observe in both punishment of small offers and reward of large offers may raise the concern as to whether administration of testosterone caused participants to simply become more impulsive. However, we found that our treatment had no effect on the immediate decision of whether to reject the offer, which they made before deciding whether to punish or reward the proposer. Treatment with testosterone also had no effect on the speed with which participants chose to punish or reward the proposer (*SI Results*, Fig. S5, and Table S5). The absence of an effect on reaction times suggests that testosterone does not simply enhance general emotional responsiveness but has a more restricted effect that is consistent with increasing status-enhancing aggressive and nonaggressive behaviors.

The increase that we observe in reward of large offers does not seem to result from an enhancement of their hedonic value, because participants treated with testosterone do not accept large offers more frequently or more rapidly than those treated with placebo. The choices of participants' between monetary gambles in the nonsocial certainty equivalents task were also unaffected by treatment. Thus, it seems that testosterone specifically altered the social motivations underlying participants' behavior.

Although the double-blind, placebo-controlled treatment procedure is a vital tool for determining whether hormones exert a causal influence on human behavior (28), it is not without potential limitations. We performed a number of precautionary analyses not previously used in the literature to determine the robustness of our results.

First, testosterone is converted to the estrogen estradiol by aromatase, which has led to suggestions that some effects of testosterone administration may be mediated by raised estradiol levels and not by testosterone per se (34, 36). We found that, in addition to raising their levels of testosterone, administering testosterone to our participants indeed caused a concomitant rise in their estradiol levels. However, by including participants' hormone levels as covariates in our behavioral analyses, we confirmed that greater punishment of unfair offers and reward of generous ones are attributable to participants' testosterone levels and not to their levels of estradiol. In fact, the effects of estradiol were antagonistic to those of testosterone, with increased estradiol levels associated with a reduction in the rate and magnitude of both punishment of unfair offers and reward of generous offers.

Second, we show that high levels of testosterone among those in the placebo group were associated with higher rates of both punishment of proposers who made low offers and greater generosity toward those who made large offers, showing that the behavioral effects that we observe are not limited to the supra-physiological levels of testosterone caused by our treatment.

It should be noted that, although correlating participants' choices with their peripheral levels of testosterone and estradiol provides insight into the role of each in driving behavior, future research on testosterone would benefit from the use of a hormonal manipulation that does not perturb estradiol levels. One possibility for future studies would be to suppress the conversion of testosterone to estradiol with the administration of an aromatase inhibitor.

Although this study is one of the only placebo-controlled pharmacological studies focusing on the role of testosterone in male behavior, the effects of testosterone on women's behavior have received considerably more experimental attention (12, 37–39). It has been argued that testosterone may also promote status concerns in women (33, 39, 40), and a number of studies has shown that testosterone's effects in women are not limited to promoting aggression (38–40). In fact, our study extends to men recent findings suggesting that testosterone has important prosocial effects by increasing cooperation in the public goods game (38) and increasing generosity when repaying trust (39). There is some evidence, however, that there may be sex differences in the effects of testosterone. Although in males, testosterone has been associated with decreased UG offers (10), administering testosterone to women increases (39) or does not change (37) UG offers. In addition, sex differences have been observed in the responsiveness of testosterone levels to social stimuli (41). These findings may reflect fundamental differences in the function of testosterone in men and women or differences between the genders in the behaviors that are considered to increase status (42). Alternatively, we suggest that, in the light of our results, some of the sex variability in the effects of testosterone may be attributable to typically unmeasured effects of estradiol.

Neuroimaging studies have associated elevated testosterone with exaggerated blood oxygen level dependent (BOLD) responses

in amygdala (43–45) and decreased amygdala–orbitofrontal cortex (OFC) coupling during processing of angry and fearful facial expressions (46, 47), with these mechanisms being suggested to mediate recruitment of aggressive behavior by testosterone in response to such threatening social stimuli (48). One interesting question for future research is whether this pathway may also mediate the prosocial effects of testosterone that we observed given that the roles of amygdala and OFC in regulating social behavior are not limited to aggression (49, 50). Estrogen receptors are also known to be present in amygdala and other components of the reward system (51, 52), suggesting that testosterone and estradiol might influence behavior by binding to their respective receptors in the same set of neural structures. Alternatively, given the opposing behavioral effects of estradiol and testosterone in this task, estradiol may have influenced behavior in the task by reducing the activity of androgen receptors by binding to the receptor (53) or down-regulation of receptor expression (54, 55).

Evolutionary game theories have established how the combination of two types of incentives (rewards and punishments) is efficient to lead to a population where defectors are punished and cooperation is promoted (56). Our study suggests that testosterone, by playing on both positive and negative incentives, could have played a key evolutionary role in not only promoting aggressive behavior but also, increasing generous behavior to maintain a high social status. Observations in nonhuman primates also indicate that the social hierarchy may be maintained by alpha males—having higher testosterone levels (57)—by not only aggressive behavior but also, sharing resources, such as access to food and females.

Our findings flatly contradict a simple link between testosterone and male aggression, a theory that would have predicted increased rejection and punishment of unfair offers and reduced reward of generous offers in those who had received testosterone. Instead, we find that testosterone's effect on male behavior depended on the social context, and we show in a single experiment that testosterone can enhance both reactive aggression and generosity. This pattern of behavior cannot be explained by altered strategic beliefs (33) and is consistent with testosterone's proposed role in promoting male behaviors that will increase social status (58), providing causal evidence for this theory.

Materials and Methods

Participants. Forty-seven participants were recruited by advertisements posted at Trinity College Dublin and St. James's Hospital. The study was approved by two local ethics committees (Trinity College Dublin and St. James's Hospital) in accordance with the Declaration of Helsinki, and written informed consent was obtained from all participants. Four participants were excluded after clinical screening, whereas three participants who passed screening subsequently withdrew from the study before completion. Forty right-handed healthy men [ages from 18 to 30 y old; mean (M) = 21.25, SD = 2.97] completed the study. Participants' self-reported sexual orientations were heterosexual ($n = 37$), bisexual ($n = 1$), or not indicated ($n = 2$).

Overview. Participants who completed the study attended a total of five appointments, detailed below, at which they provided their consent to participate, were screened medically by a clinician, received injections of testosterone or placebo in a double-blind procedure, completed behavioral testing, and attended the clinician for a final check-up. Additional details are in *SI Materials and Methods*.

Modified UG. Participants played a modified version of the UG, a simple economic game in which two players, the proposer and the responder, are

given the opportunity to split a sum of money (Fig. 1). Here, participants always assumed the role of the responder and played with one of four proposers on each trial. Participants were endowed with €10 that they could use during the game. Participants were explicitly instructed that the proposers' offers were prerecorded and therefore, independent of the choices of the participant. The sum of money to be divided was fixed at €12 on all trials. The first proposer always offered €2, €3, or €4; the second proposer always offered €5, €6, or €7; and the third proposer always offered €8, €9, or €10. A fourth proposer was associated with a control condition, in which the participant was instructed in the responses that they should make. A small number (3 of 40) of participants played the task without these control trials.

Every trial began with the presentation of the image of a proposer along with the offer to split the sum of money shown both in text form and using a colored horizontal bar, where the proportion colored yellow indicated the proportion of the sum being offered to the responder. The responders chose one of two responses: accept or reject. If they chose to accept, the sum of money was divided according to the offer, whereas if they chose to reject, the sum of money was returned to the experimenter. After a variable duration interstimulus interval (ISI) [$\sim U(2, 5)$] and irrespective of whether they had chosen to accept or reject the offer, responders were then given the opportunity to punish or reward the proposer by increasing or decreasing the proposer's payout for the trial. Participants could also choose to "do nothing" and leave the proposer's earnings unchanged. If they chose to punish or reward, they specified its magnitude (€2, €4, €6, or €8) at the following screen. The cost of punishment/reward to the participant was set at 1/5 of its magnitude. Finally, participants were shown their net winnings and those of the proposer for the trial for 3 s. Each trial was followed by a variable duration interval intertrial interval (ITI) [$\sim U(2, 5)$]. No maximum response times were enforced. Participants who played the task with control trials completed 108 trials, whereas those without control trials completed 90 trials. Because of technical problems, two participants completed 60 and 72 trials, respectively. After completing the task, participants received their €10 endowment plus the summed earnings/losses from three randomly selected trials.

Behavioral Data Analysis. Participants' choices in the modified UG task were analyzed using mixed effects regression analyses in R 3.0.3 (59), with participant identity modeled as a random intercept effect. Our first set of analyses modeled the following as fixed effects: offer amount [centered to the mean (€6)], participants' treatment group (testosterone = 1, placebo = 0), the treatment group that they believed they had been assigned to (testosterone = 1, placebo = 0), and the interactions of the two previous variables with offer amount. Our second set of analyses modeled the following as fixed effects: offer amount [centered to the mean (€6)], participants' levels of total testosterone and estradiol at the time of testing, their baseline levels of total testosterone measured at screening (Appointment 2), the treatment group that they believed that they had been assigned to, and the interactions of the previous four regressors with offer amount. Our third set of analyses used the same model as the second set but was restricted to participants in the placebo group.

Participants' accept/reject responses to each offer were modeled with mixed effects probit regression in the lme4 package (60); their subsequent choices to punish, do nothing, or reward their proposer were modeled with mixed effects ordered probit regression in the ordinal package (61) and mixed effects probit regression in lme4, and their final choices of punishment or reward amount as well as their reaction times were modeled with mixed effects linear regression in lme4. The Satterthwaite approximation implemented by the lmerTest package (62) was used to obtain P values after mixed effects linear regression in lme4.

ACKNOWLEDGMENTS. We thank Pierre Wydoort for his assistance with the early stages of data analysis. This research was funded by the FP7-People Intra-European Fellowship 235076 (to J.-C.D.). It was also performed within the framework of the Laboratory of Excellence (LABEX) ANR-11-LABEX-0042 of Université de Lyon within the program Investissements d'Avenir (ANR-11-IDEX-0007) operated by the French National Research Agency (to J.-C.D.). This work was also supported by grants from the Agence Nationale pour la Recherche (ANR 'Brain Choice' n°14-CE13-0006) (to J.-C.D.).

- Wilson JD, George FW, Griffin JE (1981) The hormonal control of sexual development. *Science* 211(4488):1278–1284.
- Goy RW, Bercovitch FB, McBair MC (1988) Behavioral masculinization is independent of genital masculinization in prenatally androgenized female rhesus macaques. *Horm Behav* 22(4):552–571.

- Allee WC, Collias NE, Lutherman CZ (1939) Modification of the social order in flocks of hens by the injection of testosterone propionate. *Physiol Zool* 12(4): 412–440.
- Mitchell D (2008) *Trading on Testosterone*. *N Y Times*. Available at www.nytimes.com/2008/04/19/business/19online.html. Accessed November 13, 2015.

5. Antonakis J (2014) *Does Power Lead to Corruption? The Guardian*. Available at <https://www.theguardian.com/sustainable-business/2014/dec/17/does-power-lead-to-corruption-research-testosterone>. Accessed November 13, 2015.
6. Rada RT, Laws DR, Kellner R (1976) Plasma testosterone levels in the rapist. *Psychosom Med* 38(4):257–268.
7. Dabbs JM, Jr, Frady RL, Carr TS, Besch NF (1987) Saliva testosterone and criminal violence in young adult prison inmates. *Psychosom Med* 49(2):174–182.
8. Dabbs JM, Jr, Carr TS, Frady RL, Riad JK (1995) Testosterone, crime, and misbehavior among 692 male prison inmates. *Pers Individ Dif* 18(5):627–633.
9. Kouri EM, Lukas SE, Pope HG, Jr, Oliva PS (1995) Increased aggressive responding in male volunteers following the administration of gradually increasing doses of testosterone cypionate. *Drug Alcohol Depend* 40(1):73–79.
10. Zak PJ, et al. (2009) Testosterone administration decreases generosity in the ultimatum game. *PLoS One* 4(12):e8330.
11. Eisenegger C, Haushofer J, Fehr E (2011) No sound evidence for a gender-specific effect of testosterone administration on aggressive motivation exists: Reply to Josephs et al. *Trends Cogn Sci* 15(11):510–511.
12. Eisenegger C, Haushofer J, Fehr E (2011) The role of testosterone in social interaction. *Trends Cogn Sci* 15(6):263–271.
13. Archer J (2006) Testosterone and human aggression: An evaluation of the challenge hypothesis. *Neurosci Biobehav Rev* 30(3):319–345.
14. Wingfield JC, Hegner RE, Dufty AM, Ball GF (1990) The “Challenge Hypothesis”: Theoretical implications for patterns of testosterone secretion, mating systems, and breeding strategies. *Am Nat* 136(6):829–846.
15. Sapolsky RM (1991) Testicular function, social rank and personality among wild baboons. *Psychoneuroendocrinology* 16(4):281–293.
16. Ruiz-de-la-torre JL, Manteca X (1999) Effects of testosterone on aggressive behaviour after social mixing in male lambs. *Physiol Behav* 68(1-2):109–113.
17. Collias NE, Barfield RJ, Tarvyd ES (2002) Testosterone versus psychological castration in the expression of dominance, territoriality and breeding behavior by male village weavers (*Ploceus cucullatus*). *Behaviour* 139(6):801–824.
18. Harbaugh WT (1998) What do donations buy?: A model of philanthropy based on prestige and warm glow. *J Public Econ* 67(2):269–284.
19. Anderson C, Kilduff GJ (2009) The pursuit of status in social groups. *Curr Dir Psychol Sci* 18(5):295–298.
20. Nichols M (2010) *Philanthropy Becoming New Status Symbol for Wealthy*. Reuters. Available at www.reuters.com/article/us-wealth-philanthropy-status-idUSTRE67A2WB20100811. Accessed January 18, 2016.
21. Fehr E, Fischbacher U (2003) The nature of human altruism. *Nature* 425(6960):785–791.
22. Hardy CL, Van Vugt M (2006) Nice guys finish first: The competitive altruism hypothesis. *Pers Soc Psychol Bull* 32(10):1402–1413.
23. Izuma K, Saito DN, Sadato N (2010) Processing of the incentive for social approval in the ventral striatum during charitable donation. *J Cogn Neurosci* 22(4):621–631.
24. Izuma K (2012) The social neuroscience of reputation. *Neurosci Res* 72(4):283–288.
25. Iredale W, Van Vugt M, Dunbar R (2008) Showing off in humans: Male generosity as a mating signal. *Evol Psychol* 6(3):386–392.
26. Willer R (2009) Groups reward individual sacrifice: The status solution to the collective action problem. *Am Sociol Rev* 74(1):23–43.
27. Milinski M, Semmann D, Krambeck H-J (2002) Donors to charity gain in both indirect reciprocity and political reputation. *Proc Biol Sci* 269(1494):881–883.
28. Mazur A, Booth A (1998) Testosterone and dominance in men. *Behav Brain Sci* 21(3):353–363.
29. Josephs RA, Newman ML, Brown RP, Beer JM (2003) Status, testosterone, and human intellectual performance: Stereotype threat as status concern. *Psychol Sci* 14(2):158–163.
30. Josephs RA, Mehta PH, Carré JM (2011) Gender and social environment modulate the effects of testosterone on social behavior: Comment on Eisenegger et al. *Trends Cogn Sci* 15(11):509–510.
31. Ehrenkranz J, Bliss E, Sheard MH (1974) Plasma testosterone: Correlation with aggressive behavior and social dominance in man. *Psychosom Med* 36(6):469–475.
32. Güth W, Schmittberger R, Schwarze B (1982) An experimental analysis of ultimatum bargaining. *J Econ Behav Organ* 3(4):367–388.
33. Eisenegger C, Naef M, Snozzi R, Heinrichs M, Fehr E (2012) Eisenegger et al. reply. *Nature* 485(7399):E5–E6.
34. Nathan L, et al. (2001) Testosterone inhibits early atherogenesis by conversion to estradiol: Critical role of aromatase. *Proc Natl Acad Sci USA* 98(6):3589–3593.
35. Albert DJ, Walsh ML, Jonik RH (1993) Aggression in humans: What is its biological foundation? *Neurosci Biobehav Rev* 17(4):405–425.
36. Trainor BC, Marler CA (2002) Testosterone promotes paternal behaviour in a monogamous mammal via conversion to oestrogen. *Proc Biol Sci* 269(1493):823–829.
37. Zethraeus N, et al. (2009) A randomized trial of the effect of estrogen and testosterone on economic behavior. *Proc Natl Acad Sci USA* 106(16):6535–6538.
38. van Honk J, Montoya ER, Bos PA, van Vugt M, Terburg D (2012) New evidence on testosterone and cooperation. *Nature* 485(7399):E4–E5.
39. Boksem MAS, et al. (2013) Testosterone inhibits trust but promotes reciprocity. *Psychol Sci* 24(11):2306–2314.
40. Eisenegger C, Naef M, Snozzi R, Heinrichs M, Fehr E (2010) Prejudice and truth about the effect of testosterone on human bargaining behaviour. *Nature* 463(7279):356–359.
41. Salvador A (2005) Coping with competitive situations in humans. *Neurosci Biobehav Rev* 29(1):195–205.
42. van Anders SM, Steiger J, Goldey KL (2015) Effects of gendered behavior on testosterone in women and men. *Proc Natl Acad Sci USA* 112(45):13805–13810.
43. Derntl B, et al. (2009) Amygdala activity to fear and anger in healthy young males is associated with testosterone. *Psychoneuroendocrinology* 34(5):687–693.
44. Hermans EJ, Ramsey NF, van Honk J (2008) Exogenous testosterone enhances responsiveness to social threat in the neural circuitry of social aggression in humans. *Biol Psychiatry* 63(3):263–270.
45. Bos PA, van Honk J, Ramsey NF, Stein DJ, Hermans EJ (2013) Testosterone administration in women increases amygdala responses to fearful and happy faces. *Psychoneuroendocrinology* 38(6):808–817.
46. van Wingen GA, et al. (2009) Testosterone increases amygdala reactivity in middle-aged women to a young adulthood level. *Neuropsychopharmacology* 34(3):539–547.
47. Spielberg JM, et al. (2015) Pubertal testosterone influences threat-related amygdala-orbitofrontal cortex coupling. *Soc Cogn Affect Neurosci* 10(3):408–415.
48. Carré JM, Olmstead NA (2015) Social neuroendocrinology of human aggression: Examining the role of competition-induced testosterone dynamics. *Neuroscience* 286:171–186.
49. Adolphs R (2010) What does the amygdala contribute to social cognition? *Ann N Y Acad Sci* 1191(1):42–61.
50. Rushworth MFS, Behrens TEJ, Rudebeck PH, Walton ME (2007) Contrasting roles for cingulate and orbitofrontal cortex in decisions and social behaviour. *Trends Cogn Sci* 11(4):168–176.
51. Newman SW (1999) The medial extended amygdala in male reproductive behavior. A node in the mammalian social behavior network. *Ann N Y Acad Sci* 877(1):242–257.
52. Donahue JE, et al. (2000) Cells containing immunoreactive estrogen receptor- α in the human basal forebrain. *Brain Res* 856(1-2):142–151.
53. Yeh S, Miyamoto H, Shima H, Chang C (1998) From estrogen to androgen receptor: A new pathway for sex hormones in prostate. *Proc Natl Acad Sci USA* 95(10):5527–5532.
54. Richter CA, Taylor JA, Ruhlen RL, Welshons WV, Vom Saal FS (2007) Estradiol and Bisphenol A stimulate androgen receptor and estrogen receptor gene expression in fetal mouse prostate mesenchyme cells. *Environ Health Perspect* 115(6):902–908.
55. Stover EP, Krishnan AV, Feldman D (1987) Estrogen down-regulation of androgen receptors in cultured human mammary cancer cells (MCF-7). *Endocrinology* 120(6):2597–2603.
56. Sigmund K (2007) Punish or perish? Retaliation and collaboration among humans. *Trends Ecol Evol* 22(11):593–600.
57. Czoty PW, Gould RW, Nader MA (2009) Relationship between social rank and cortisol and testosterone concentrations in male cynomolgus monkeys (*Macaca fascicularis*). *J Neuroendocrinol* 21(1):68–76.
58. Mehta PH, Josephs RA (2006) Testosterone change after losing predicts the decision to compete again. *Horm Behav* 50(5):684–692.
59. R Core Team (2014) R: A Language and Environment for Statistical Computing (R Foundation for Statistical Computing, Vienna).
60. Bates D, Mächler M, Bolker B, Walker S (2014) Fitting linear mixed-effects models using lme4. arXiv:14065823.
61. Christensen RHB (2013) *Ordinal—Regression Models for Ordinal Data (R Package, version 2013.9-30)*. Available at <https://cran.r-project.org/web/packages/ordinal/index.html>. Accessed September 10, 2016.
62. Kuznetsova A, Brockhoff PB, Christensen RHB (2013) *ImerTest: Tests for Random and Fixed Effects for Linear Mixed Effect Models (Imer Objects of lme4 Package) (R Package, version 2.0-29)*. Available at <https://cran.r-project.org/web/packages/ImerTest/index.html>. Accessed September 10, 2016.
63. Toledano R, Pfau J (2006) The Sexual Arousal and Desire Inventory (SADI): A multi-dimensional scale to assess subjective sexual arousal and desire. *J Sex Med* 3(5):853–877.
64. Beck AT, Ward CH, Mendelson M, Mock J, Erbaugh J (1961) An inventory for measuring depression. *Arch Gen Psychiatry* 4:561–571.
65. McNair DM, Lorr M, Droppleman LF (1971) *Profile of Mood States* (Educational and Industrial Testing Service, San Diego).
66. Goldberg LR, et al. (2006) The international personality item pool and the future of public-domain personality measures. *J Res Pers* 40(1):84–96.
67. Christie R, Geis FL, Berger D (1970) *Studies in Machiavellianism* (Academic, New York).
68. Eysenck SB, Eysenck HJ, Barrett P (1985) A revised version of the psychoticism scale. *Pers Individ Dif* 6(1):21–29.
69. Beck AT, Epstein N, Brown G, Steer RA (1988) An inventory for measuring clinical anxiety: Psychometric properties. *J Consult Clin Psychol* 56(6):893–897.
70. Fox CR, Poldrack RA (2009) Prospect theory and the brain. *Neuroeconomics: Decision Making and the Brain*, eds Glimcher PW, Camerer CF, Fehr E, Poldrack RA (Academic Press, San Diego), pp 145–173.
71. Zigmund AS, Snaith RP (1983) The hospital anxiety and depression scale. *Acta Psychiatr Scand* 67(6):361–370.
72. Snyder PJ, Lawrence DA (1980) Treatment of male hypogonadism with testosterone enanthate. *J Clin Endocrinol Metab* 51(6):1335–1339.
73. Schürmeyer T, Nieschlag E (1984) Comparative pharmacokinetics of testosterone enanthate and testosterone cyclohexanecarboxylate as assessed by serum and salivary testosterone levels in normal men. *Int J Androl* 7(3):181–187.
74. Vermeulen A, Verdonck L, Kaufman JM (1999) A critical evaluation of simple methods for the estimation of free testosterone in serum. *J Clin Endocrinol Metab* 84(10):3666–3672.
75. Colagiuri B (2010) Participant expectancies in double-blind randomized placebo-controlled trials: Potential limitations to trial validity. *Clin Trials* 7(3):246–255.
76. Manning JT, Scutt D, Wilson J, Lewis-Jones DI (1998) The ratio of 2nd to 4th digit length: A predictor of sperm numbers and concentrations of testosterone, luteinizing hormone and oestrogen. *Hum Reprod* 13(11):3000–3004.